

# Schedule

Download this schedule from our website:  
<https://northpole.dance/schedule>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00am	<b>Beginners Pole</b> Hanna	<b>Exotic Pole</b> Taya	<b>Advanced Pole</b> Taya			<b>Beginners Pole</b> Valentina	<b>Intermediate Pole</b> Daykota
11:00am	<b>Stretching</b> Hanna	<b>Stretching</b> Hanna	<b>Beginners Pole</b> Hanna		<b>Advanced Pole</b> Taya	<b>Pole Art</b> Valentina	<b>Beginners Exotic Pole</b> Taya
12:00pm	<b>Intermediate Pole</b> Hanna		<b>Stretching</b> Hanna	<b>Beginners Exotic Pole</b> Taya	<b>Intermediate Pole</b> Hanna	<b>Conditioning for Pole</b> Valentina	<b>Advanced Pole</b> Taya
1:00pm	<b>Open Pole</b>	<b>Private Lessons</b>			<b>Open Pole</b>	<b>Open Pole</b>	<b>Exotic Tricks</b> Taya
2:00pm	<b>Private Lessons</b>		<b>Private Lessons</b>	<b>Private Lessons</b>			<b>Open Pole</b>
3:00pm					<b>Private Lessons</b>	<b>Private Lessons</b>	<b>Private Lessons</b>
4:00pm							<b>Private Lessons</b>
5:00pm						<p><b>Please check our website for all the information</b></p> <p><a href="https://northpole.dance">https://northpole.dance</a></p> <p><b>Book your classes 24 hours in advance</b></p> <p><b>(647) 547-1578</b>  <a href="mailto:info@northpole.dance">info@northpole.dance</a></p>	
6:00pm		<b>Advanced Pole</b> Taya		<b>Beginners Pole</b> Daykota			
7:00pm	<b>Exotic Pole</b> Taya	<b>Beginners Pole</b> Taya	<b>Exotic Pole</b> Taya	<b>Intermediate Pole</b> Taya	<b>Advanced Pole</b> Taya		
8:00pm	<b>Stretching</b> Taya	<b>Sensual Me</b> Taya	<b>Stretching</b> Valentina	<b>Sensual Me</b> Taya	<b>Stretching</b> Taya		
9:00pm	<b>Open Pole</b>	<b>Intermediate Pole</b> Hanna	<b>Open Pole</b>	<b>Open Pole</b>	<b>Beginners Exotic Pole</b> Taya		