

Schedule

Download this schedule from our website:
<https://northpole.dance/schedule>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday						
10:00am	Beginners Pole Hanna	Exotic Pole Taya	Advanced Pole Taya			Beginners Pole Valentina	Intermediate Pole Teele						
11:00am	Stretching Hanna	Stretching Hanna	Beginners Pole Hanna		Advanced Pole Taya	Pole Art Valentina	Beginners Exotic Pole Taya						
12:00pm	Intermediate Pole Taya		Stretching Hanna	Beginners Exotic Pole Taya	Intermediate Pole Taya	Conditioning for Pole Valentina	Advanced Pole Taya						
1:00pm	Open Pole	Private Lessons	Private Lessons	Private Lessons	Open Pole	Open Pole	Exotic Pole Taya						
2:00pm	Private Lessons				Private Lessons	Private Lessons	Private Lessons	Private Lessons	Open Pole				
3:00pm									Private Lessons	Private Lessons	Private Lessons	Private Lessons	Private Lessons
4:00pm													
5:00pm							<p>Please check our website for all the information</p> <p>https://northpole.dance</p> <p>Book your classes 24 hours in advance</p> <p>(647) 547-1578</p> <p>info@northpole.dance</p>						
6:00pm			Advanced Pole Teele	Sensual Me Taya	Beginners Pole Zhana								
7:00pm	Exotic Pole Taya	Beginners Pole Taya	Exotic Pole Taya	Intermediate Pole Zhana	Advanced Pole Zhana								
8:00pm	Open Pole	Sensual Me Taya	Stretching Valentina	Open Pole	Stretching Taya								
9:00pm	Stretching Taya	Intermediate Pole Zhana	Open Pole		Beginners Exotic Pole Taya								