

Schedule

Download this schedule from our website:
<https://northpole.dance/schedule>

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00am	Beginners Pole Taya	Exotic Pole Taya	Advanced Pole Taya	Pole Art Valentina	Advanced Pole Taya	Beginners Pole Valentina	Intermediate Pole Taya
11:00am	Stretching Nastya	Sensual Me Taya	Beginners Pole Taya	Booty Bootcamp Valentina	Sensual Me Taya	Pole Art Valentina	Beginners Exotic Pole Taya
12:00pm	Intermediate Pole Taya	Stretching Nastya	Stretching Nastya	Beginners Exotic Pole Taya	Intermediate Pole Taya	Conditioning for Pole Valentina	Advanced Pole Taya
1:00pm	Open Pole		Open Pole		Open Pole	Open Pole	Exotic Pole Taya
2:00pm	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Open Pole
3:00pm							Private Lessons
4:00pm							Private Lessons
5:00pm						<p>Please check our website for all the information</p> <p>https://northpole.dance</p> <p>Book your classes 24 hours in advance</p> <p>(647) 547-1578 info@northpole.dance</p>	
6:00pm		Advanced Pole Taya		Beginners Pole Zhana			
7:00pm	Exotic Pole Taya	Beginners Pole Taya	Exotic Pole Taya	Intermediate Pole Zhana	Advanced Pole Zhana		
8:00pm	Open Pole	Sensual Me Taya	Stretching Valentina	Sensual Me Taya	Stretching Jemma		
9:00pm	Stretching Jemma	Intermediate Pole Zhana	Open Pole	Open Pole	Beginners Exotic Pole Taya		